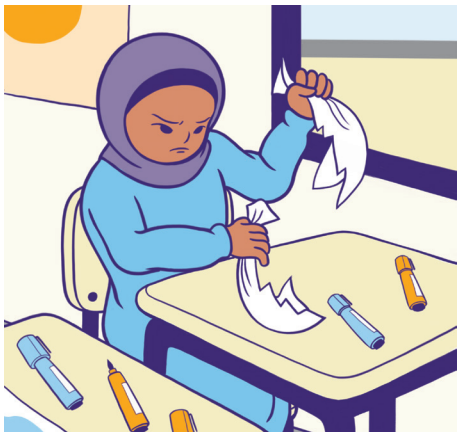


DO YOU KNOW OR HAVE YOU HEARD ABOUT A CHILD OR ADOLESCENT WHO HAS SOME OR MANY SIMILAR PROBLEMS TO THESE?

Zahro is 10 years old and fled her home country a while ago. Since being here, Zahro enjoyed going to school and playing with her friends. But in the last few months, she lost interest in all of this. Most mornings Zahro complains about feeling sick in her stomach and being too tired to play with her peers. When she is at school, Zahro prefers to sit alone and seems lost in her thoughts. Her teacher observed that she started having very high expectations of herself and gets irritated easily. For example, whenever she draws something and doesn't like it, she gets angry and destroys her creation. Zahro doesn't seem to feel good about herself, seems sad more often and starts crying without a reason. She was heard saying that she can't do anything well and that all her classmates are better than her at school. She shares that the uncertainty about the future makes her feel overwhelmed and scared. The idea of having to move again to a new and unfamiliar place keeps her awake at night.



Do you know or have you heard about a child or adolescent (6-18 years old) who has some or many similar problems to these described above?

NO

YES
I know a child with **SOME** of these problems

YES
I know a child who has **MANY** of these problems

Stop

NO

Do you think that these problems have been seriously affecting the child's daily functioning over the past month? (e.g. at school, in their family, or with friends?)

YES

Encourage help-seeking

DO YOU KNOW OR HAVE YOU HEARD ABOUT A CHILD OR ADOLESCENT WHO HAS SOME OR MANY SIMILAR PROBLEMS TO THESE?

Arash is a 12-years old boy. He lives with his parents and four siblings and fled his home country with them a while ago. Since he joined his new school, he has been known as having difficulties following the rules. For some time now, Arash seems to feel angry. He started to bully his classmates and gets into fights with them more often. During the lessons, he distracts the teacher and his classmates and constantly seeks attention. Since this has been increasing, his relationship with his old friends has deteriorated. Arash has been spending more time alone on his mobile phone and with others that have a bad influence on him. There are even rumours that he started drinking and smoking late at night with peers older than him. When his teachers or parents try to talk to him about his behaviour, Arash doesn't listen and insults them. Arash expresses that doesn't care about anything they say and that he wants to quit school.



Do you know or have you heard about a child or adolescent (6-18 years old) who has some or many similar problems to these described above?

NO

YES
I know a child with **SOME** of these problems

YES
I know a child who has **MANY** of these problems

Stop

NO

Do you think that these problems have been seriously affecting the child's daily functioning over the past month? (e.g. at school, in their family, or with friends?)

YES

Encourage help-seeking